



fédération de netball amateur du québec quebec amateur netball federation

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www.netballquebec.ca

March 25, 2023

Squad Practices

Dear Squad Player,

You participated in the successful Invitational Coupe du Québec. Now the focus turns to the Nationals, to be held in British Columbia on Victoria Weekend (May 20 & 21, 2023).

We encourage you to attend Squad Practices, to be held **at Lavoie Gym** (6755 ave. Lavoie) on **Saturdays from 7 to 9 p.m. and Sundays from 2 to 5 p.m.** Here is a list of practices and other important dates. (Note - no practice on Easter or Mother's Day.)

- Sunday, March 26
- Saturday, April 1
- Sunday, April 2
- Saturday, April 15
- Sunday, April 16: Trials (Loisirs Sportifs -- 4880 ave. Van Horne, 2 - 5 p.m.)
(Selectors: Pamela Richmond (Convenor), Annette Bowen, Peggy Ann Edwards & Marina Leigertwood)
- Sunday, April 23
- Saturday, April 29
- Sunday, April 30 (distribution of uniforms)
- Saturday, May 6
- Sunday, May 7
- Saturday, May 13

The team will travel to B.C. on May 19 for the Nationals on May 20 and 21.

Also, note that there is available gym space for shooters at the following times:

- Wednesdays from 8:30 to 10 p.m. at Loisirs Sportifs (4880 Van Horne)
- Saturdays from 2 to 5 p.m. at Confederation Center (5320 Kensington)
- Saturdays from 7 to 9 p.m. at Lavoie Gym (6755 Lavoie)
- Sundays from 2 to 6 p.m. at Lavoie Gym (6755 Lavoie)

Thank you for keeping the sport alive.

Yours in Netball,

Avice Roberts-Joseph

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President, QANF

Jonathan Campbell

Jonathan Campbell
Corresponding Secretary, QANF