



# fédération de netball amateur du québec quebec amateur netball federation

4545, av. Pierre-de-Coubertin, C.P. 1000, Succursale M  
Montréal, (Québec) H1V 3R2 www.netballquebec.ca

## CALENDAR OF EVENTS

September 2019

Wed. Sept. 18	<b>Fleur de lys Team <a href="#">Registration</a><sup>†</sup> &amp; Practice</b> (first of season)	Loisirs Sportifs 4880 Van Horne	8:30 – 10 pm
Sat. Sept. 21	<b>Antilles &amp; Pioneers <a href="#">Registration</a><sup>†</sup> &amp; Practice</b> (first of season)	Confederation 5320 Kensington	2 – 5 pm
Sat. Sept. 21	<b>Hairoun <a href="#">Registration</a><sup>†</sup> &amp; Practice</b> (first of season)	La Voie 6755 Lavoie	5 – 7 pm
Sept. 21 – Sept. 22	Programme national de certification des entraîneurs <a href="#">Partie C1/C2</a> Coaching and leading effectively / Leading a drug-free sport Cost: \$110 (C1) / \$65 (C2)	Centre civique DDO 12001 boul. de Salaberry	9 am – 4:30 pm 9 am – 3:30 pm
Sun. Sept. 22	<b>Elvis' Fitness &amp; Wellness Program</b> <a href="#">Registration</a> <sup>†</sup> (first of season)	Confederation	2 – 5 pm
Sun. Sept. 22	<a href="#">Registration</a> <sup>†</sup> & Practice	Confederation	3:30 – 5 pm
Sun. Sept. 22	<b>Red Socks <a href="#">Registration</a><sup>†</sup> &amp; Practice</b> (first of season)	La Voie	2 – 4:30 pm
Sun. Sept. 22	<b>Hairoun <a href="#">Registration</a><sup>†</sup> &amp; Practice</b> (first of season)	La Voie	4:30 – 6:30 pm
Sat. Sept. 28	<a href="#">Squad Practice (Open Ladies &amp; U23)</a> <a href="#">Registration</a> <sup>†</sup> (first of season)	La Voie	7 – 9 pm
Sat. Sept. 28	<b><u>Umpiring Workshop</u></b> Conducted by: Marina Leigertwood ALL INVITED	Confederation	2 – 5 pm
Sun. Sept. 29	Red Socks Practice & Squad Practice (Open Ladies & U23)	La Voie	2 – 4:30 pm
Sun. Sept. 29	<b><u>New Skills and Techniques Workshop</u></b> Conducted by: Ayana Ashton ALL INVITED	La Voie	2 – 4:30 pm

<sup>†</sup> Registration ongoing.

## QANF MEMBERSHIP DUES      TEAM PRACTICES

Elementary School Students	\$35.00
Full Time Students	\$50.00
Other Members	\$50.00

## SQUAD PRACTICES

### **Saturdays Sept. 28, 2019 – May 2020**

6755 Lavoie: 7 – 9 pm  
Open Ladies & Under 23

### **Sundays Jan. 12, 2020 – May 2020**

6755 Lavoie: 2 – 4:30 pm  
Open Ladies & Under 23

### **April 2020** (squads)

Saturdays: 7 – 9 pm (La Voie)  
Sundays: 2 – 4:30 pm (La Voie)

### **Saturdays Sept. 21, 2019 – June 2020**

Teams: Antilles & Pioneers  
Place & Time: Confederation: 2 – 5 pm  
5320 Kensington

### **Sundays Sept. 22 – June 2020**

Team: Red Socks  
Place & Time: La Voie: 2 – 4:30 pm  
6755 Lavoie

### **Saturdays/Sundays Sept. 21/22 – June 2020**

Team: Hairoun  
Place & Time: La Voie (6755 Lavoie)  
5 – 7 pm (Sat); 4:30 – 7 pm (Sun)

### **Sundays Sept. 22 – June 2020**

Elvis' Fitness & Wellness Program  
Place & Time: Confederation: 2 – 5 pm  
5320 Kensington

### **Wednesdays Sept. 18 – June 2020**

Team: Fleur de lys  
Place & Time: Loisirs Sportifs: 8:30 – 10 pm  
4880 Van Horne

<p>Marina Leigertwood Umpiring Director (613) 526 – 0283 (home) (514) 824 – 5116 (cell)</p>	<p>Rachael Julien Tournament Director (514) 567-6329</p>	<p>Alyana Alexander Coordinator – Scorekeepers/Timekeepers (514) 715-6228</p>	<p>Annette Bowen Coaching Director (450) 679 – 0495 (home) (514) 774 – 8956 (cell)</p>
<p>Fabian Charles Vice-President (Fundraising) (514) 588 – 2164 (cell)</p>	<p>Lecita Audain Treasurer (514) 825 – 9020</p>	<p>Peggy Ann Edwards Net Effect / Technical Coaching (514) 731 – 6671 (home)</p>	<p>Jonathan Campbell Corresponding Secretary contact@netballquebec.ca</p>

Avice Roberts-Joseph  
QANF President

Tel: (514) 486 – 2769 (home)

Email: [avicejoseph@videotron.ca](mailto:avicejoseph@videotron.ca) / [president@netballquebec.ca](mailto:president@netballquebec.ca)

Website: [www.netballquebec.ca](http://www.netballquebec.ca)