



fédération de netball amateur du québec quebec amateur netball federation

4545, av. Pierre-de-Coubertin, C.P. 1000, Succursale M
Montréal, (Québec) H1V 3R2 www.netballquebec.ca

CALENDAR OF EVENTS

November 2019

Nov. 9 – Nov. 10	Programme national de certification des entraîneurs <u>Partie C4/C5</u> Managing conflicts / Psychology of performance Cost: \$75 (C4) / \$95 (C5)	RLSQ 4545 Pierre-De-Coubertin Montréal	9 am – 5 pm 9 am – 2:30 pm
Sat. Nov. 9	<u>Squad Practice (Open Ladies & U23)</u>	La Voie 6755 Lavoie	7 – 9 pm
Sun. Nov. 17	Jean Cambridge Tournament (“Mixed”) Refreshments: Pioneers (Max 2 guys per team on court)	Loisirs Sportifs 4880 Van Horne	12 – 6 pm
Sun. Nov. 17	Fundraiser – “Half & Half” Coordinators: Rachael Julien & Karen Castle	Loisirs Sportifs	12 – 6 pm
<u>Tournament Registration & Fee (\$70.00)</u> <u>Deadline: November 20 for December 8 Tournament</u> (“C” Tournament)			
Sat. Nov. 23	<u>Squad Practice (Open Ladies & U23)</u>	La Voie	7 – 9 pm
Nov. 23 – Nov. 24	Programme national de certification des entraîneurs <u>Partie B / Level 2 (PNCE/NCCP)</u> Cost: \$130.00	RLSQ 4545 Pierre-De-Coubertin	9 am – 5 pm 9 am – 4:30 pm
Sat. Nov. 30	<u>Umpiring Workshop</u> Conducted by: Marina Leigertwood ALL INVITED	Confederation 5320 Kensington	2 – 4:30 pm
Sat. Nov. 30	<u>Squad Practice (Open Ladies & U23)</u>	La Voie	7 – 9 pm

Note: Club practices are held on Wednesdays, Saturdays & Sundays. Refer to the next page for details.

† **Registration ongoing.**

* Umpires to be tested

QANF MEMBERSHIP DUES TEAM PRACTICES

Elementary School Students	\$35.00
Full Time Students	\$50.00
Other Members	\$50.00

SQUAD PRACTICES

Saturdays Sept. 28, 2019 – May 2020

6755 Lavoie: 7 – 9 pm
Open Ladies & Under 23

Sundays Jan. 12, 2020 – May 2020

6755 Lavoie: 2 – 4:30 pm
Open Ladies & Under 23

April 2020 (squads)

Saturdays: 7 – 9 pm (La Voie)
Sundays: 2 – 4:30 pm (La Voie)

Saturdays Sept. 21, 2019 – June 2020

Teams: Antilles & Pioneers
Place & Time: Confederation: 2 – 5 pm
5320 Kensington

Sundays Sept. 22 – June 2020

Team: Red Socks
Place & Time: La Voie: 2 – 4:30 pm
6755 Lavoie

Saturdays/Sundays Sept. 21/22 – June 2020

Team: Hairoun
Place & Time: La Voie (6755 Lavoie)
5 – 7 pm (Sat); 4:30 – 7 pm (Sun)

Sundays Sept. 22 – June 2020

Elvis' Fitness & Wellness Program
Place & Time: Confederation: 2 – 5 pm
5320 Kensington

Wednesdays Sept. 18 – June 2020

Team: Fleur de lys
Place & Time: Loisirs Sportifs: 8:30 – 10 pm
4880 Van Horne

Marina Leigertwood Umpiring Director (613) 526 – 0283 (home) (514) 824 – 5116 (cell)	Rachael Julien Tournament Director (514) 567-6329	Alyana Alexander Coordinator – Scorekeepers/Timekeepers (514) 715-6228	Annette Bowen Coaching Director (450) 679 – 0495 (home) (514) 774 – 8956 (cell)
Fabian Charles Vice-President (Fundraising) (514) 588 – 2164 (cell)	Lecita Audain Treasurer (514) 825 – 9020	Peggy Ann Edwards Net Effect / Technical Coaching (514) 731 – 6671 (home)	Jonathan Campbell Corresponding Secretary contact@netballquebec.ca

Avice Roberts-Joseph
QANF President

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