

Become a Certified Netball Coach!

What are you waiting for?

You can get certified at your convenience. E-certification facilitates your lifestyle and accommodates your professional goals. E-Certification leaves you with the freedom to live life as you desire and progress professionally.



Gaining Netball coaching certification will ensure that you are not turned down for any job on the basis of qualification. This programme is approved by the International Federation of Netball Associations (IFNA) the international governing body for the sport of netball.

Training is provided by experienced qualified current and former national coaches from across the Americas and Australia.

Take the first step. Become certified and help to grow the sport of netball in the region.



**E-COACHING CERTIFICATION
“LEARNING HOW TO DEVELOP
CHAMPIONS”**



**AMERICAS'
FEDERATION
OF NETBALL
ASSOCIATION
[AFNA]
PRESENTS**



**Online Netball
Coaching
Certification
Programme**

For Information Contact:
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Honorary Secretary

The Certification Programme Structure

The E- Netball Coaching Certification Programme structure consists of four levels as follows:

Level 1: Basic
[6 Modules]

Level 2: Intermediate
[5 Modules]

Level 3: Advanced
[5 Modules]

America's Federation Country Awards: Elite Netball

These are AFNA sanctioned elite national coaching awards that will be delivered within each territory in accordance with a common curriculum, timelines and structure i.e. the Jamaica Award Programme.

[5 Modules]

Level 1 Basic Courses:

Theory of Coaching (L101)
(6 weeks)

E-Trainer: Ms. Ann Willcocks (Canada)

Start:
July 25,
2011

The Basics of Netball (L102)
(6 weeks)

E-Trainer: Miss Maureen Hall (Jamaica)

Start:
September
12, 2011

Anatomy and Sports Performance (L103)
(6 weeks)

E-Trainer: Dr. Paula Daley-Morris (Jamaica)

Start:
October 31,
2011

Introduction to Mental Skills Training (L104)
(6 weeks)

E-Trainer: Miss Jill Mc Intosh (Australia)

Start:
December
12, 2011

Basic Communication Skills for Beginning Netball Coaches (L105)
(6 weeks)

E-Trainer: Miss Marcia Oxley (Barbados)

Start:
February 6,
2012

Introduction to Physical Training (L106)
(6 weeks)

E-Trainer: Miss Maureen Shepherd (Barbados)

Start:
March 27,
2012

Level 2 Intermediate Courses:

Advanced Mental Skills Training (L201) (10 weeks)

TBA

Statistical Game Analysis (L202) (10 Weeks)

TBA

Principles of Coaching Netball Attack and Defence (L203) (10 weeks)

TBA

Physiology and Sports Performance (L204) (10 Weeks)

TBA

Physical Training, Fitness and Testing (L205) (10 Weeks)

TBA

Level 3 Advanced Courses:

Kinesiology and Sports Performance (L301) (10 Weeks)

TBA

Advanced Training Programme Planning (L302) (10 Weeks)

TBA

Coaching and Planning Netball Tactics and Strategies

TBA

Sports Medicine, Nutrition and Diet (L304) (10Weeks)

TBA

Computer-Video Game Analysis (L304) (10 Weeks)

TBA