#### **Become a Certified Netball Coach!**

What are you waiting for?

You can get certified at your convenience. E-certification facilitates your



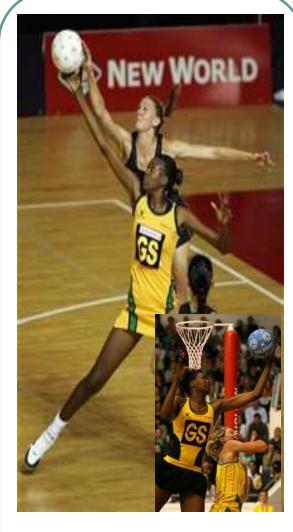
lifestyle and accommodates your professional goals. E -Certification leaves you with the freedom to live life as you desire and progress pro-

fessionally.

Gaining Netball coaching certification will ensure that you are not turned down for any job on the basis of qualification. This programme is approved by the International Federation of Netball Associations (IFNA) the international governing body for the sport of netball.

Training is provided by experienced qualified current and former national coaches from across the Americas and Australia.

Take the first step. Become certified and help to grow the sport of netball in the region.



**E-COACHING CERTIFICATION** "LEARNING HOW TO DEVELOP **CHAMPIONS**"



**AMERICAS' FEDERATION OF NETBALL** RETURNE [AFNA] **PRESENTS** 



**Online Netball** Coaching Certification **Programme** 

**For Information Contact:** Octavia.Gibson@centralbank.org.bb **Honorary Secretary** 

## **The Certification Programme Structure**

The E– Netball Coaching Certification Programme structure consists of four levels as follows:

Level 1: Basic

[6 Modules]

Level 2: Intermediate

[5 Modules]

Level 3: Advanced

[5 Modules]

#### America's Federation Country

Awards: Elite Netball

These are AFNA sanctioned elite national coaching awards that will be delivered within each territory in accordance with a common curriculum, timelines and structure i.e. the Jamaica Award Programme.

[5 Modules]

### Level 1 Basic Courses:

Theory of Coaching (L101) (6 weeks)	Start: July 25,
E-Trainer: Ms. Ann Willcocks (Canada)	2011
The Basics of Netball (L102) (6 weeks) E-Trainer: Miss Maureen Hall (Jamaica)	Start: September 12, 2011
Anatomy and Sports Performance (L103) (6 weeks)	Start: October 31,
E-Trainer: Dr. Paula Daley-Morris (Jamaica)	2011
Introduction to Mental Skills Training (L104) (6 weeks)	Start: December 12, 2011
E-Trainer: Miss Jill Mc Intosh (Australia)	
Basic Communication Skills for Beginning Netball Coaches (L105) (6 weeks)	Start: February 6, 2012
E-Trainer: Miss Marcia Oxley (Barbados)	
Introduction to Physical Training (L106)	Start: March 27,
(6 weeks)	2012
E-Trainer: Miss Maureen Shepherd (Barbados)	

#### Level 2 Intermediate Courses:

ТВА
ТВА
TBA
TBA
ТВА

# Kinesiology and Sports Performance (L301) (10 Weeks) Advanced Training Programme Planning (L302) (10 Weeks) Coaching and Planning Netball Tactics and Strategies Sports Medicine, Nutrition and

Computer-Video Game Analy-	ТВА
sis (L304) (10 Weeks)	

**Diet** (L304) (10Weeks)